



## IMMERSIVE SUSTAINABILITY TRIPS for GROUPS & TEAMS

# the Pyrenees

## Pirenèus / Pyrénées / Pirineos

- *wildness, pride, mystery, greenery* -

According to the Greek mythology, Pyrene, daughter of Celtiberian king Brebyx, was once loved and abandoned by the semi Greek god Herakles. She gave birth to a snake and went hiding her dishonor in far mountains, finally devoured by beasts. Remorseful, Herakles buried Pyrene in this wild place: the Pyrenees mountains were born.

Pyrenees are a geographical border, between France, Spain, the Mediterranean sea and the Atlantic ocean. But Pyrenees mountains are also a border for the human mind: their tough climate, green sceneries, proud local communities and hot water sources make travellers reconnect with themselves since millenials.

Those mountains full of legends, wildlife, harsh landscapes and warm local culture are an amazing way to experience sustainability challenges on-the-ground... and on-the-top (of the mountains) !

**Private trips for individuals and corporate teams**

**6 nights** (3 in French Pyrenees + 3 in Spanish Pyrenees + 1 optional night - contact us)

for groups from **5 up to 8 participants**

**included:** accomodation, breakfasts, private van (incl. driver), guide 24/24h, 4 workshops, outside activities, language translator (*when needed*), flights booking

**not included:** flights, meals, travel insurance.

**1700 € / PAX** (VAT incl.)

## Program

### culture

**Toulouse**, the « pink city » (*depending on flight arrival time*)  
**Saint Bertrand de Comminges**, largest Romanesque style church in the world  
**Gargas**, cave of the mysterious « mutilated hands »  
**Valley of Aran**: picturesque villages, Vielha & Baqueira towns, Pla de Beret's valley

workshop: « Local Culture(s) & Climate Change »

### local communities

Taste **local products**: Bigorre's black pig, Aranese potée, gâteau à la broche, cassoulet, Madiran wine, mounjetade, Aranese caviar, violet of Toulouse, and (for sure) a lot of cheese!  
Meet the « **Patou** »: the white, useful -and huge- shepherd' local dog  
Follow the traditional shepherds' **sheep cattle transhumance** (*only in May & June*)  
Try traditional **eagle hunting**

workshop: « Environment & Local Communities: the 'Bear Challenge' in Pyrenees »

### fun & well-being

**Snowshoeing** excursion (*only in winter*)  
Enjoy **hot sources** at Balnea spa, Loudenvielle  
(*optional - few availabilities: sleep at the top of Pic du Midi and do stargazing*)

workshop: « Tomorrow: Skiing Without Snow ? »

### biodiversity

Trek in UNESCO's **Gavarnie cirque**  
**Spot local wildlife** with local guides (potential focuses on raptors, brown bears *-if lucky, or not!-*, orchids, Pyrenean chamois, bearded vultures, trouts, marmots, red squirrels etc.).  
Listen the -quite frightening- « **squall of the red deers** » on evenings (*only in Autumn*)  
Pick **wild mushrooms** on the slopes on Aneto, highest mountain in the Pyrenees

workshop: « The Local Pyrenean Wisdom on Nature »

**Trips in 2023** (flexible dates - please contact us at [frantz.dhers@letsbeoriginals.com](mailto:frantz.dhers@letsbeoriginals.com) )

February / March / May / June / October / November